

World Yoshukai Karate Kobudo Organization Black Belt Study Guide

- Master Funakoshi came from Okinawa to pioneer Karate in Japan. He changed the term “Chinese Hand “ to “Empty Hand” in 1937.
- Grandmaster Yamamoto founded Yoshukai Karate in 1963 in Kitakyushu City, Japan.
- Dr. Chitose, Founder of Chito-Ryu Karate, was Kaicho’s instructor.
- Master Yuki Koda brought Yoshukai to the U.S.A. in 1969.
- Shihan Toyama and Shihan Culbreth founded the WYKKO in 2000.
- Recognize the following Japanese symbols and know what they mean.
 1. Rikki Hitatsu (Make efforts and you will achieve.)



2. Yoshukai (Strive for Excellence)



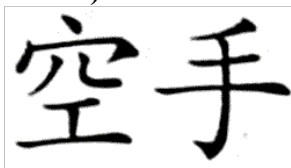
3. Michi (The way or path)



4. Nin (Patience)



5. Karate (Open Hand)



- The Yoshukai patch originates from the Yata No Kagami. This symbol is formed from “The National Mirror of Japan,” which represents truth, goodness, and beauty.
- Be able to name five styles of Karate (Yoshukai, Chito-Ryu, Shotokan, Goju-Ryu, and Isshin-Ryu) and five styles of martial arts (Karate, Sumo, Jujitsu, Judo, and Aikido).
- Be able to write “The Five Precepts for Learners” (“Shugyosha Gokun”) in Japanese.
 1. Hitostu Reigi o omonzubeshi
 2. Hitostu Taido o imashimubeshi
 3. Hitostu Gengo o tsutsushimubeshi
 4. Hitostu Iki o sakan ni subeshi
 5. Hitostu Seiketsu o mune to subeshi
- Be able to match Japanese and English karate related terminology.
- Be able to identify blocks, stances, kicks, and strikes when given visual examples.
- Know the origins of the weapons used in karate.
 1. Nunchucka- Okinawan tool used to thresh rice.
 2. Sai – Derived from a pitchfork; used for defense against the bo or sword.
 3. Bo – Used to balance heavy loads across the shoulders.
 4. Tonfa – Tool used to grind wheat, rice, and beans to powder.
 5. Kama – Sickle tool used to cut stalks of grain.
 6. Katana – “Samurai sword” A sharp blade of about a yard in length used by warriors in battle.

Be able to complete a few short answer questions.

Write a paragraph outlining your goals as a Yoshukai Black Belt.